## **HELLO Fellow Seekers**

## Telephone Workshop - 2018: 12 Step/Big Book

You may have an interest in participating in a weekly/year-long Telephone Workshop = a precise & rigorous application of the Twelve Steps from the Big Book "Alcoholics Anonymous" to your personal life.

The purpose of these workshops is for each person to have a CHANGE of thinking, feeling, and behavior = A SPIRITUAL AWAKENING!

These telephone workshops are ONLY for those people who are NOT in geographic proximity to my two on-the-ground workshops in Palos Verdes and Culver City (7:30 – 9:00 PM) which started January 8 & 9, respectively (see web).

We currently have two Step workshops for ALL who are interested in a SPIRITUAL AWAKENING:

<u>Started</u>	Day	<u>Time PST</u> = Pacific Standard Time/LA time zon
February 1	Thursday	4:00 – 5:30 PM
February 4	Sunday	9:00 - 10:30 AM

There will be two groups for each call. The work and experience will be the same for both groups:

- 1. **Active:** limited to 25 so each person can share approximately once every three weeks.
- 2. **Listener:** unlimited number there will be a supplemental call (1.5 hours) for any listener who has questions, comments, or wants to discuss their experience:

Day	Time (PST)	<u>Eligible</u>	
Saturday	9:00 AM	Sunday Listeners	
Friday	4:00 PM	Thursday Listeners	

Please send an email to the Administrator of the call that best fits your day/time schedule and confirm your interest in being on the Listener call.

Day	Admin	Location	<u>Email</u>
Sunday	Cate	United Kingdom	CateRecovery@Yahoo.com
Thursday	Janice	North America	JaniceBlair@Gmail.com

We currently use Free Conference Call. There is a letter on my WEB site from each Administrator confirming instructions for their respective call.

If you have questions, please contact one of these workshop administrators.

Please: DO NOT CONTACT ME! Thanks for your interest.

Herb K www.HerbK.com