

# Big Book Step Workshop

## Rancho Palos Verdes

### Who Should Come:

*All who are interested in a  
Spiritual Awakening*

### Purpose:

Personal transformation (a radical change)  
through a *precise* working of all Twelve Steps  
as contained in the  
Alcoholics Anonymous "Big Book".



Dates	Mondays, January 7 to December 16, 2019, 7:30 - 9:00 pm
Location	Mary & Joseph Retreat Center 5300 Crest Road (3rd driveway east of Crenshaw) Rancho Palos Verdes, CA 90275
Facilitator	Herb K. (Palos Verdes) <a href="http://www.herbk.com">www.herbk.com</a>
Commitment	Weekly meetings: include the following assignments: <ul style="list-style-type: none"><li>• Pray each day: "Set aside" prior knowledge and experience</li><li>• Read each week: "Big Book" Alcoholics Anonymous</li><li>• Listen each week: Recorded workshop commentary for each Step (approx. 1 hour/week); on website <a href="http://www.herbk.com">www.herbk.com</a></li><li>• Write each week: To generate a personal experience.</li><li>• Attend each week: To ASK questions, share experience and discuss assignments.</li></ul>
Cost	Pass the basket to cover rent and other expenses: \$5/week.
<b>No Pre-registration necessary:</b> Please bring a Big Book, 3 ring binder, paper & pen	
<b>Questions:</b> Maryann R. 310-940-5352 or <a href="mailto:maryannrusso@me.com">maryannrusso@me.com</a>	

This workshop is not affiliated with any Twelve Step Fellowship.  
It is all inclusive - open to everyone interested in **Optimal Living!**