Who Should Come:
All who are interested in a ...Spiritual Awakening...!

Purpose:
A radical change through a precise personal application of all Twelve Steps in the textbook Alcoholics Anonymous.

Dates        Mondays, January 13 to December 14, 2020, 7:30 - 9:00 pm
Location     Mary & Joseph Retreat Center
             5300 Crest Road: 3rd driveway East of Crenshaw
             Rancho Palos Verdes, CA 90275
             Alternative parking: St. John Fisher: 1st driveway past Crenshaw

Facilitator  Herb K. (Palos Verdes) www.herbk.com

Commitment  Weekly meetings: include the following assignments:
             • Pray each day: “Set aside” prior knowledge and experience
             • Read each week: “Big Book” Alcoholics Anonymous
             • Listen each week: Recorded workshop commentary for each Step (approx. 1 hour/week); on website www.herbk.com
             • Write each week: To generate a personal experience.
             • Attend each week: To ASK questions, DISCUSS assignments and SHARE experience.

Cost        Pass the basket to cover rent and other expenses: $5/week.

No Pre-registration necessary: Please bring an unmarked Big Book, 3 ring binder, paper & pen

Questions:  Maryann R. 310-940-5352 or maryannrusso@me.com

This workshop is not affiliated with any Twelve Step Fellowship. It is all inclusive - open to everyone interested in Optimal Living!